

## **MIND ENERGY BODY TRANSFORMATION-1 day intro or 12 Classes for Full Certification.**

Mind Energy Body Transformation is the next evolution of your work and self-mastery. Learn to be the “I” in the hurricane of life and become the light in the dark. When we acknowledge that emotions/illness are in the body and the mind and that energy is consciousness that links the two we can then take the next step and learn a systematic and practical science of working all three systems at the same time.

### **What are the benefits?**

**Mindfulness techniques advance so old patterns don't repeat and more joy and meaning is found. Make subtle energy awareness a tangible tool for change. Advance your trauma skills and body-centered psychotherapy practices. Learn how to feel emotions in a manner that creates personal power and synchronicity. Heal chronic illness and birth trauma. Learn advanced methods to work with dreams, negative ancestral patterns and archetypes.**

Take the weekend introductory training and/or our full year's certification. This is a unique and moving training that supports professional and personal empowerment. Learn to guide others' personal transformation as well as your own using the science of working Mind, Energy and Body Systems for powerful change. Master this Approach and Master Yourself! Join any of our Introductory Trainings or ask about organizing one in your area. Call now! 720/530-7621; [eberle01@sprynet.com](mailto:eberle01@sprynet.com); **Next one-day introduction is September.** During the 1-day intro you will

- Learn skills to energetically shape shift emotions using the Employer's Mind and the Enlightened Observer.
- Learn to be the “I” in the Hurricane and the Light in the darkness.
- New Advance Mindfulness Techniques to improve effectiveness
- Advance Your Empowerment as well as your Clients Empowerment because you will Learn how to sense, see and track subtle energies within and around you
- Protect yourself energetically
- Advance Skills to attract new clients
- Experience how energies interact in relationships
- Basics of the Anatomy of the Energy Field
- Learn how to connect to the Energy Vortex of your Internal Source to heal the negative aspects of our programmed personality.

Our next year's certification in Mind Energy Body Transformational training begins October 2009. Call now for details 720/530-7621 or click on the link from the home page for details on this innovative opportunity.