

BARBARA BRENNAN SCHOOL OF HEALING®

Fundamentals of Brennan Healing Science®

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We are pleased you have registered for a Fundamental of Brennan Healing Science Program and we look forward to meeting you. You will enter into an experience designed to support your unfoldment and a deepening knowledge of your essence. If you have questions or need further information, please contact your workshop leader. She/he is very excited about this program and look forward to your participation.

Along with general information to assist you in preparing for the workshop, we have included the following:

- Confidential Participant Profile - Page 2
- Informed Consent and Release - Page 3

These items need to be completed and returned to your workshop leader before the workshop.

PROGRAM OVERVIEW

This introductory program explores the principles of healing, including the theoretical, physical, energetic, psychological, and physiological bases for laying on of hands. The course draws from scientific and metaphysical sources to bring together many aspects of human experience that describe and explain the healing process.

The beginning lecture is open to the general public. Therefore, you may wish to share your interest in this work with your family and friends. Consult with your workshop leader for costs and times.

The workshop days are spent in a combination of lecture and experiential learning of hands on healing techniques, techniques for opening your high sense perception and much more. A typical 2-day schedule is:
Day 1: Program 9:00 AM—5:00 PM Day 2: Program 9:00 AM—4:00 PM
School Overview 5:00 PM—6:00 PM

FBHS PROGRAM INFORMATION GUIDELINES

1. We suggest that you read as much of HANDS OF LIGHT® as you can before you come to the workshop. It will greatly increase the amount of material you will be able to absorb. LIGHT EMERGING, Barbara Brennan's second book, will also enhance your understanding.
2. Please dress comfortably Synthetic materials, such as nylon stockings, inhibit the flow of energy through your body and field. For this workshop we recommend you wear natural fibers (i.e., cotton, silk, wool).
3. Many people have negative or even allergic reactions to scented products. Adverse responses are often intensified during situations when many people are together for extended periods of time. So we ask you to please refrain from wearing any scented products including:
Perfume, Cologne Bath Oils Scan
Hand Lotion and Body Lotion Hair Spray Essential Oils
4. If you wish, you may bring light snacks or fruit, nuts, etc., for break periods, since healing work may make you hungry.
5. Some days start with a guided meditation. If you arrive late please enter quietly.

6. We recommend that you do not schedule activities on evenings of program days. The intensity power, and clarity of energy in the group and through your energy system builds each day. The program will challenge your energy system, and you will need your rest.

7. Please be advised that audiotaping, videotaping, and photographing are not permitted.

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