

LEONY'S SUGGESTIONS ON HOW TO PREPARE FOR A HEALING

1. You must have complete submission. Your mind too must surrender completely for help from the dear lord. To the extent possible feel. Healing is feeling.
2. Leony cannot diagnose illnesses. Always take charge of your own healing process. Surrender to receive your own power and to god's help through her touch.
3. Physically Leony touches but she is guided by her almighty.
4. You must have a good breakfast and be in as good condition as possible before the healing begins. Slow down as much as possible during the healing weekend so you can better receive.

Bring water/oil/picture of a loved one - for her to bless. Drink lots of the blessed water. Please keep adding to the oil or water and the healing energy in the water/oil will last longer. Drink the blessed water for the next week days after your healing. Also remember to bring (1) a robe to change into, (2) your forms, (3) cash for payment (if you didn't already pay Carolyn in advanced), and (4) intention to surrender to receive deep love, support and healing.

AFTER THE HEALINGS

Sometimes people feel different and sometimes not. You might experience tiredness - rest and let your body recover from the deep removal of toxins. If you feel pain - it shows that your body is adapting to the treatment. Many times people will be very hungry - eat healthy.

See your healer or one of the assistance for the weekend as follow up. You can also call Leony and receive distance healings: 520/481-1609; 520/302-1473.

For every change you feel, have faith in your full submission to it. This will allow you to obtain the help you asked to receive. Submission is about receiving help, love and support. It also helps you find your own internal power.

Feel free to Call Carolyn Eberle if you want more information on how to prepare for your Colorado Filipino Spiritual Healing Weekend; 720/530-7621 or Leony if it is not in Colorado.